Dear Mr. Kraft:

I wish to express my sincere gratitude for improvement of my health and relief of pain.

I have suffered for many years with my bad back. It got worse in the years 1974 and 1975. Usually two or three times, mostly in winter time, I suffered such severe attacks of pain in my spine that I had to stay in bed for three days each time and I lived in fear when when does an other painful attack surprise me. Quite often it came without any obvious reason or previous physical strain.

Our family doctor was unable to cure the disease, he just gave me some pills for temporary relief of pain with recommendation to stay in bed for a few days when the pain was severe.

Then I learned about your wonderful abilities, visited you in your Brooklyn office and my condition improved. Later on, in December 1975, to try all potential medical help and to meet your requirement, I went for an examination and X-rays of my spine to a Manhattan hospital. Two specialists in the surgery department examined me. The X-rays did not show any deformation of my spine, so I have been toled that it was a very common trouble with people over 40 years old, namely those leading sedentary lives. They just gave me description of some simple excercises for improvement of the back and stomach muscles which might help a little. When I learned that you moved your office to Mid-Manhattan I started to see you again since your new location was much more convenient for me.

I did not feel any back pain since, I lost my fear of physical stress and bending, I gained again confidence in my physical condition and I even showeled snow vigouresly this winter without any adverse result.

I thank you very much for the wonderful help you provided to me and I hope that many, many more peple will be cured in the future from their disease by your blessed hands.

Your always grateful,

Lyng Indon